Fitting Instructions - BHR75Z

Code: Z270A
Rev A

Application;

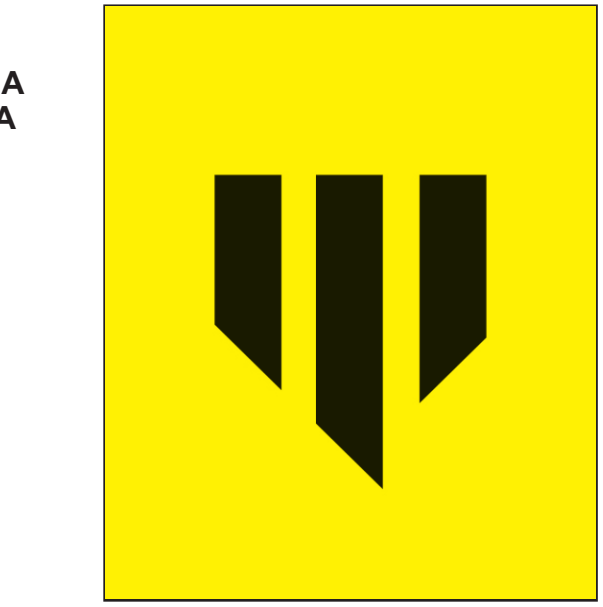
Holden / Opel Astra Mk4/5 1999-2009 - rear swaybar.
Always refer to current catalogue for complete application listing.

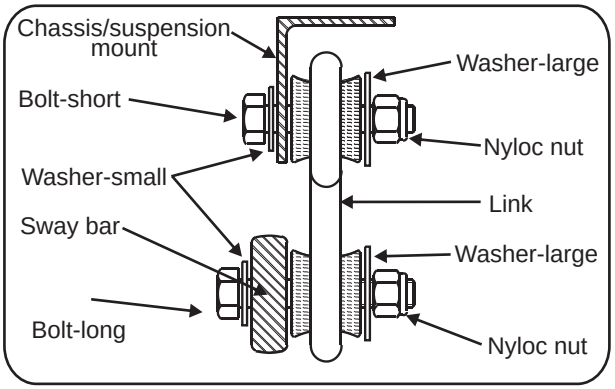
Specification;

BHR75Z - 22mm 4 hole adjustable full kit swaybar.

Contents;

(1)	2 x	D-bushing
(2)	2 x	3/8 inch * 2.75 inch long bolt
(3)	2 x	3/8 inch * 2 inch long bolt
(4)	2 x	3/8 inch * 1.75 inch bolt
(5)	4 x	5/16 inch flange nut
(6)	6 x	3/8 inch nylock nut
(7)	4 x	3/8 * 1-1/4" flat washer - medium
(8)	10 x	3/8 * 7/8" flat washer - small
(9)	2 x	10mm * 48mm washer - large
(10)	2 x	chassis bracket
(11)	2 x	link "L" bracket
(12)	2 x	double eye link
(13)	1 x	grease bag
(14)	2 x	D-bush bracket
(15)	1 x	swaybar





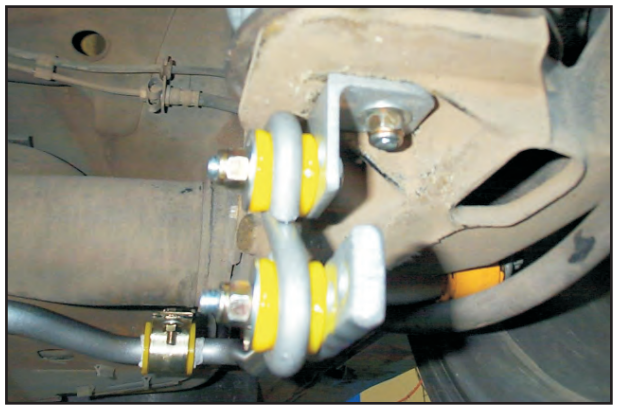
Fitting Instructions:

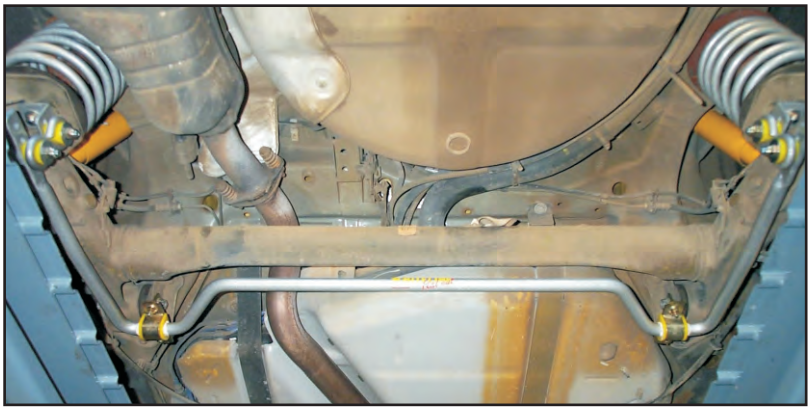
Please read complete fitting instructions and check kit components prior to fitment. Whiteline recommends that all work be carried out by a qualified technician.

1. Raise the rear of the car, support on chassis safety stands, and remove wheels.
2. Support hub, disconnect shock absorber bottom mount, lower hub and remove spring.

   WARNING - Spring compressors may be required to relieve any compression on the spring.
3. Drill 10mm hole in bump stop lower limiter plate.
4. Fit bolt (2) with washer (9) into hole facing down so only the head of the bolt protrudes at top.
5. Fit bracket (11) to the bottom of the bolt. 2 holes must towards centre of vehicle. Use nut (6) and washer (8), and tighten.
6. Using original bolts and nuts, mount bracket (10) to the inside of the rear swing arm chassis mount.

   Note: It is recommended to apply thread locking compound.
7. Refit wheels, and lower the vehicle. Further fitting must be done with the vehicle at normal ride height - drive on ramps can be used.
8. Lubricate D-bushes with grease and fit onto the swaybar.
9. Using nuts (5) and washers (8), mount the swaybar onto chassis mounts (10).
10. Mount link (12) into desired hole in bracket (11) corresponding with setting on swaybar (14).
11. Tighten all mounting hardware.





Warning: Please drive carefully while you accustom yourself to the changed vehicle behaviour.